

Do's

Stay Upright for 4 hours

Gentle facial movements for the first 4 hours after treatment

Stay hydrated

Apply cold compress

Use gentle skincare products for 48 hours

Dont's

Avoid touching or rubbing for at least 4 hours

No makeup for 4 hours

No strenuous exercise for 24 hours

No alcohol or blood thinners

No facial treatments

Avoid heat exposure for 48 hours



STILL AESTHETICS
STILL YOU

What to Expect After Treatment

Results Take Time - Expect to see full effects
in 7-14 days

Maintenance Treatments - Schedule follow-
ups every 3-4 months for optimal results

Protect Your Skin - Use sunscreen daily to
prevent further wrinkles

Plan for a 2 week follow-up appointment
where we can add more units if necessary.

If you experience excessive swelling, pain, or
unusual symptoms, please contact me at
402-802-0533.

402-802-0533
info@still-aesthetics.com

